

**Clackamas Community College**

## Online Course/Outline Submission System

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HE-202 Introduction to Fitness Technology Careers

General education certified:  Yes  No

- Writing
- Oral Communication
- Arts and Letters
- Science & Computer Science
- Mathematics
- Social Science
- Cultural Literacy
- Health & Physical Education

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 Approved Date (mm/dd/yyyy):  /  / **Section #1 General Course Information****Department:**Health/PE and Athletics**Submitter**

First Name: Tracy

Last Name: Nelson

Phone: 3274

Email: tracyn

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**Course Prefix and Number:**HE - 202**# Credits:**1**Contact hours**

Lecture (# of hours): 11

Lec/lab (# of hours):

Lab (# of hours):

Total course hours: 11

For each credit, the student will be expected to spend, on average, 3 hours per week in combination of in-class and out-of-class activity.

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**Course Title:**Introduction to Fitness Technology Careers

**Course Description:**

This course will explore the various careers in the Fitness Industry, through lecture and guest speakers currently in the professional field. Students will gain insight to the requirements, expectations, salary range, education requirements and any additional information related to specific careers.

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**Type of Course:**Lower Division Collegiate**Reason for the new course:**

This course is designed for students interested in a career in the Fitness Industry, but not sure on which path they want to proceed.

**Is this class challengeable?**

**No**

**Can this course be repeated for credit in a degree?**

**No**

**Is general education certification being sought at this time?**

**No**

**Does this course map to any general education outcome(s)?**

**No**

**Is this course part of an AAS or related certificate of completion?**

**Yes**

**Name of degree(s) and/or certificate(s):**Fitness Technology Certificate**Are there prerequisites to this course?**

**No**

**Are there corequisites to this course?**

**No**

**Are there any requirements or recommendations for students taken this course?**

**No**

**Are there similar courses existing in other programs or disciplines at CCC?**

**No**

**Will this class use library resources?**

**No**

Is there any other potential impact on another department?

**No**

Does this course belong on the Related Instruction list?

**Yes**

**Area:**Physical Education/Health

**GRADING METHOD:**

A-F or Pass/No Pass

**Audit:Yes**

When do you plan to offer this course?

**Fall**

**Not every term**

Is this course equivalent to another?

If yes, they must have the same description and outcomes.

**No**

Will this course appear in the college catalog?

**Yes**

Will this course appear in the schedule?

**Yes**

**Student Learning Outcomes:**

Upon successful completion of this course, students should be able to:

1. differentiate the various careers in the Fitness Industry,
2. identify an area of interest for a potential career path,
3. apply gained knowledge to develop a career path.

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***This course does not include assessable General Education outcomes.***

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**Major Topic Outline:**

1. Personal Training.
2. Athletic Trainer.
3. Management.
4. Nutritionist.
5. Health Coach.
6. PE/Health Instructor.

7. Physical Therapy.
8. Health and Wellness Director.
9. Group X Instructor.

Does the content of this class relate to job skills in any of the following areas:

- |                                      |           |
|--------------------------------------|-----------|
| 1. Increased energy efficiency       | <b>No</b> |
| 2. Produce renewable energy          | <b>No</b> |
| 3. Prevent environmental degradation | <b>No</b> |
| 4. Clean up natural environment      | <b>No</b> |
| 5. Supports green services           | <b>No</b> |

Percent of course:0%

## Section #2 Course Transferability

Concern over students taking many courses that do not have a high transfer value has led to increasing attention to the transferability of LDC courses. The state currently requires us to certify that at least one OUS school will accept a new LDC course in transfer. Faculty should communicate with colleagues at one or more OUS schools to ascertain how the course will transfer by answering these questions.

1. Is there an equivalent lower division course at the University?
2. Will a department accept the course for its major or minor requirements?
3. Will the course be accepted as part of the University's distribution requirements?

If a course transfers as an elective only, it may still be accepted or approved as an LDC course, depending on the nature of the course, though it will likely not be eligible for Gen Ed status.

Which OUS schools will the course transfer to? (Check all that apply)

Identify comparable course(s) at OUS school(s)

How does it transfer? (Check all that apply)

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First term to be offered:

**Specify term:** Fall 2014

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